

Conemaugh Memorial Medical Center

# SMART

Senior Management of Agilit and Rehabilitation Trauma

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## SMART o ers:

- Evaluation for a risk for falls
- Referrals to the appropriate rehab source
- Complete medical review
- Review of DEXA Scan and medications for osteopenia and osteoporosis
- Physical therapy exam that will identify rehab for you

- Evaluation of equipment need for safe walking
- Evaluation for balance training and vertigo
- Home evaluation through home health with recommendations
- Eye exam, hearing exam, foot and shoe exam
- Psychosocial evaluation
- Evaluation of blood pressure for orthostatic hypotension

## Eligible Patients

- Age 65 or older and has experienced a bone fracture
- Under 65 years old with medical conditions that place them at risk for falls

## Patient Benefits

- Early identification of fall risk
- Promotion of independent living
- Osteoporosis identification and treatment

**SMART** was created as an additional program at Conemaugh Memorial's Geriatric Trauma Institute to aid in the recovery of geriatric trauma patients. To make a referral or for more information, call **SMART** at **814.955.7627**.

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